

You're listening to  
the career planning  
and development podcast.  
This is episode one.  
What's this and  
why do I need it?  
My name is Noah and I'm  
a Career Development  
faculty member  
at Thompson Rivers University.  
I record this podcast in Tk'emlúps te Secwépemc,  
within Secwépemc'ulucw.  
This week we're talking about  
the podcast itself, but  
before we get into it,  
have you ever wondered how  
you're supposed to learn  
all those things  
about planning for  
a career or applying for jobs.  
If so, then you've  
already answered  
the question of why this exists.  
Now in postsecondary, we  
often talk about  
hidden curriculum.  
It's things that we expect  
students to learn as they  
go through post-secondary.  
It's not a good thing.  
In fact, there's a movement  
right now to make things more  
explicit because the  
curriculum might be hidden.  
But there's lots of students who  
don't actually learn if at all,  
because it's not so much a  
hidden part of the process,  
but rather a part of the  
process that it's expected.  
You'll learn from  
your connections.  
Which means that those who came  
to post-secondary with family  
who had done it before,  
or who are connected  
to privilege,  
get explicit access to  
that knowledge while  
first-generation students don't.

So the point of this podcast then is to make explicit the things in career planning and job search that you're expected to learn somehow somewhere from someone else. This then is to supplement what you're learning in other ways through post-secondary classes, mentorship in your job, talking to people, or maybe even through a specific career management course in your post-secondary program.

At TRU, That's co-op 1,000.

This podcast will cover a lot of topics aimed at people looking for what are called professional jobs. That's jobs that generally require a post-secondary education.

Here in Canada, the government used to use skill levels.

Now they call it TEER or training, education, experience and responsibilities to qualify that what we're talking about as professional are TEER one and tier two.

What used to be skill level a and b.

In short, though, it's the roles that require 2-7 years of education, be that college, university, apprenticeship, etc.

It also includes roles with significant safety responsibilities like firefighters and police officers.

Of course, this is going to cover things like modern resume and cover letter conventions,

but it will also include things like networking, working remotely and of course, career planning. You might be wondering who I am. I'm no army. He, him, I've got my MBA from the University of Calgary in educational research, where I did my research on work integrated learning and career development. I also have a bed in secondary education from UBC and a BA from the University of the Fraser Valley. I'm a certified career development professional and career services coordinator. What that means is I do this for a living. I'm a faculty member at Thompson Rivers University. And I've been providing career development support for 14 years to high school, college, and university students. To sum up today's topic then, we talked about why this podcast exists. And really it exists to make explicit what you need to know about your career at applying for professional jobs. So before I leave you today, I want you to ask yourself, where are you going and what don't you know yet about how you're getting there. Thanks for listening. This has been Noah Arney with the career planning and development podcast. For more information or to contact me, go to [careerttheory.trubox.ca](http://careerttheory.trubox.ca). This podcast is hosted by

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Music for this podcast  
is A Life I Believe  
by John worthy and the bends  
until next time,  
I wish you well.